

## MARCH

### 1 FRIDAY

12:15 PM Cultural Fridays: At the Movies (Documentaries and Foreign Films), Instructors: Roberta Martel & Eileen Budwig. Pg. 4

### 4 MONDAY

12:15 PM Biography, Instructor: Joe Mittleman. Pg. 4  
 The Psychology of Life: Mental Health for Seniors, Instructor: Dr. Jerry Goodman. Pg. 17  
 What's Your Opinion?, Instructor: Fred Behrend. Pg. 10

1:45 PM Russia & America Face-off: Is This the Start of a New Cold War?, Instructor: Andrew Kahn. Pg. 7  
 That Was the Week That Was, Instructor: Bruce Kalner. Pg. 9

### 5 TUESDAY

12:15 PM America's First Ladies, Instructor: Eric Soroka. Pg. 7  
 Healthy Lifestyle, Healthy Brain, Instructor: Mellisa Morante. Pg. 21  
 Views of Israel, the American Community and the United States from a Conservative Point of View, Instructor: Alan Bergstein. Pg. 7

### 6 WEDNESDAY

12:15 PM Jews in Early Rock and Roll, Instructor: Neil Waldman. Pg. 5  
 The History of the Italian Jews, Instructor: Pierre Chanover. Pg. 15  
 You Are There: The Constitutional Convention 1787, Instructor: David Hershberg. Pg. 7

1:45 PM Sizzling Topics in the News, Instructor: Sharon Segal. Pg. 6

### 7 THURSDAY

12:15 PM Let's Learn to Read Modern Hebrew, Instructor: Elaine Grossman. Pg. 12  
 The Current Political Scene in America, Instructor: George Feirstein. Pg. 6  
 Holistic Approach to Humanity, Instructor: Remi Wrona. Pg. 8

1:45 PM The Magic Wand of Makeup, Instructor: Sandra Rothenberg-Lurie. Pg. 10  
 The World Turned Upside Down, Can It Be Fixed?, Instructor: David Schoenfeld. Pg. 7

### 8 FRIDAY

12:15 PM Cultural Fridays: At the Movies (American Classic Movie Musicals), Instructors: George Feirstein & Roberta Martel. Pg. 4

### 11 MONDAY

12:15 PM Biography, Instructor: Joe Mittleman. Pg. 4  
 The Great American Musical, Instructor: Rabbi Richard Polirer. Pg. 5  
 The Psychology of Life: Mental Health for Seniors, Instructor: Dr. Jerry Goodman. Pg. 17

1:45 PM Climate Change: How Will It Impact South Florida & What You Love?, Instructor: Geoff Kashdan. Pg. 8

### 12 TUESDAY

12:15 PM Credit and Debit Cards, Instructor: Jay Siegel. Pg. 17  
 Health is Real Wealth: A Wellness Seminar, Instructor: Barbara Magor Deel. Pg. 21  
 They Tried to Harm Us! God Save Us! Let's Eat! A Deeper Look at Purim & Passover, Instructor: Rabbi Jay Lyons. Pg. 14

1:45 PM Noa Noa: The Savage Art of Paul Gauguin, Instructor: Kenneth Green. Pg. 5

### 13 WEDNESDAY

12:15 PM Jews in Early Rock and Roll, Instructor: Neil Waldman. Pg. 5  
 Old School Cool and Learning New Things, Instructors: Sherry Picker & Ed Gray. Pg. 17  
 Share Your Wisdom: Get Your Grandchildren's Attention, Instructor: Rorri Geller-Mohamed. Pg. 10  
 You Are There: The Constitutional Convention 1787, Instructor: David Hershberg. Pg. 7

1:45 PM Braintertainment, Instructor: Judy Herman. Pg. 10

### 14 THURSDAY

12:15 PM Ask the Lawyer: What is the Importance of a Power of Attorney & Healthcare Directive?, Instructor: Elissa Vessal, Esq. Pg. 17  
 Let's Learn to Read Modern Hebrew, Instructor: Elaine Grossman. Pg. 12  
 Memory and Focus, Instructor: Dr. Nicole Rothman. Pg. 21  
 Holistic Approach to Humanity, Instructor: Remi Wrona. Pg. 8

1:45 PM Judaism's Twenty Questions, Instructor: Buddy Schreiber. Pg. 15  
 Spontaneity, Instructor: Suzi Lynch. Pg. 9

### 15 FRIDAY

12:15 PM Cultural Fridays: At the Movies (Documentaries and Foreign Films), Instructors: Roberta Martel and Eileen Budwig. Pg. x

### 18 MONDAY

- 12:15 PM How is Our Constitution Holding Up? Instructor: Donald Singer. Pg. 8  
 Point of View, Instructor: Mendy Gottesdiener. Pg. 17  
 The Great American Musical, Instructor: Rabbi Richard Polirer. Pg. 5
- 1:45 PM That Was the Week That Was, Instructor: Bruce Kalner. Pg. 9

### 19 TUESDAY

- 12:15 PM Botany with Katherine: Focus on Orchids, Instructor: Katherine Wagner-Reiss. Pg. 10  
 Happy, Instructor: Arthur Feingold. Pg. 21  
 Health is Real Wealth: A Wellness Seminar, Instructor: Barbara Magor Deel. Pg. 21  
 The History of the Italian Jews, Instructor: Pierre Chanover. Pg. 15
- 1:45 PM Noa Noa: The Savage Art of Paul Gauguin, Instructor: Kenneth Green. Pg. 5

### 20 WEDNESDAY

- 12:15 PM Intimacy and Sexuality: Benefits and Myths, Instructors: Lawrence Siegel & Sherry Picker. Pg. 18  
 Jews in Early Rock and Roll, Instructor: Neil Waldman. Pg. 5  
 You Are There: The Constitutional Convention 1787, Instructor: David Hershberg. Pg. 7
- 1:45 PM Sizzling Topics in the News, Instructor: Sharon Segal. Pg. 6

### 21 THURSDAY

- 12:15 PM Basic Training for Tomorrow: Boot Camp for Veterans, Instructors: Eric Weitkamp, Ed Gray & Sherry Picker. Pg. 18  
 Holistic Approach to Humanity, Instructor: Remi Wrona. Pg. 8  
 Let's Learn to Read Modern Hebrew, Instructor: Elaine Grossman. Pg. 12  
 Stress, Hormones and Health, Instructor: Dr. Nicole Rothman. Pg. 21
- 1:45 PM Judaism's Twenty Questions, Instructor: Buddy Schreiber. Pg. 15  
 Spontaneity, Instructor: Suzi Lynch. Pg. 9

### 22 FRIDAY

- 12:15 PM Cultural Fridays: At the Movies (American Classic Movie Musicals), Instructors: George Feirstein & Roberta Martel. Pg. 4

### 25 MONDAY

- 12:15 PM Basic Training for Tomorrow: Boot Camp for Veterans, Instructors: Eric Weitkamp, Ed Gray & Sherry Picker. Pg. 18  
 How is our Constitution Holding Up?, Instructor: Donald Singer. Pg. 17  
 Point of View, Instructor: Mendy Gottesdiener. Pg. 17  
 The Great American Musical, Instructor: Rabbi Richard Polirer. Pg. 5  
 The Psychology of Life: Mental Health for Seniors, Instructor: Dr. Jerry Goodman. Pg. 17
- 1:45 PM Is the Torah a Story About Fish?, Instructor: Andy Greenberg. Pg. 15  
 That Was the Week That Was, Instructor: Bruce Kalner. Pg. 9

### 26 TUESDAY

- 12:15 PM Botany with Katherine: A Virtual Visit to Fairchild Tropical Botanic Garden, Instructor: Katherine Wagner-Reiss. Pg. 10  
 Hurricane and Climate Change: A View from Florida, Instructor: Arthur Feingold. Pg. 8  
 Why Anti-Semitism is the New Anti-Semitism: How Well is it Working?, Instructor: Ellen Rubin. Pg. 15
- 1:45 PM Current Events, Controversies and Constructive Conversations, Instructor: Rabbi Barry Silver. Pg. 14

### 27 WEDNESDAY

- 12:15 PM Jews in Early Rock and Roll, Instructor: Neil Waldman. Pg. 5  
 You Are There: The Constitutional Convention 1787, Instructor: David Hershberg. Pg. 7
- 1:45 PM Extraordinary Women: Strength, Wisdom & Compassion, Instructor: Joan Lavine. Pg. 8

### 28 THURSDAY

- 12:15 PM Let's Learn to Read Modern Hebrew, Instructor: Elaine Grossman. Pg. 12  
 Storytelling for and by Grownups, Instructor: Vera Fried. Pg. 10  
 Holistic Approach to Humanity, Instructor: Remi Wrona. Pg. 8
- 1:45 PM Judaism's Twenty Questions, Instructor: Buddy Schreiber. Pg. 15  
 Spontaneity, Instructor: Suzi Lynch. Pg. 9

### 29 FRIDAY

- 12:15 PM Cultural Fridays: At the Movies (Documentaries and Foreign Films), Instructors: Roberta Martel and Eileen Budwig. Pg. 6